



# MY FOCUS TAEKWONDO

33946 Yucaipa Blvd., Suite C, Yucaipa, CA 92399  
 www.MyFocusTKD.com | MFTKDYucaipa@Gmail.com | (909) 790-7966



## 2019 CLASS SCHEDULE

	<b>MONDAY</b> Curriculum (A)	<b>TUESDAY</b> Curriculum (B)	<b>WEDNESDAY</b> Curriculum (B)	<b>THURSDAY</b> Curriculum (A)	<b>FRIDAY</b> Development	<b>SATURDAY</b>
<b>2:45 PM</b> to <b>3:15 PM</b>	Office Hours Private Lesson	<b>Tiny Tykes</b> (Ages 3 to 5)	Office Hours Private Lesson	<b>Tiny Tykes</b> (Ages 3 to 5)	Office Hours Private Lesson	<b>RESERVED FOR:</b>
<b>3:30 PM</b> to <b>4:15 PM</b>	<b>Youth</b> (Ages 6 to 13) All Belts	<b>Youth</b> (Ages 6 to 13) All Belts	<b>Youth</b> (Ages 6 to 13) All Belts	<b>Youth</b> (Ages 6 to 13) All Belts	<b>Sparring Development</b> Green to Black	<b>Belt Testing</b>
<b>4:20 PM</b> to <b>4:50 PM</b>	Private Lesson	Private Lesson	Private Lesson	Private Lesson	Private Lesson	<b>School Events</b>
<b>5:00 PM</b> to <b>5:45 PM</b>	<b>Beginner &amp; Intermediate</b> White to Green-St	<b>Beginner &amp; Intermediate</b> White to Green-St	<b>Beginner &amp; Intermediate</b> White to Green-St	<b>Beginner &amp; Intermediate</b> White to Green-St	<b>Beginner &amp; Intermediate</b> White to Green-St	<b>Private Lessons</b>
<b>5:50 PM</b> to <b>6:20 PM</b>	Private Lesson	Private Lesson	Private Lesson	Private Lesson	Private Lesson	<b>Special Classes</b>
<b>6:30 PM</b> to <b>7:15 PM</b>	<b>Youth</b> (Ages 6 to 13) All Belts	<b>Youth</b> (Ages 6 to 13) All Belts	<b>Youth</b> (Ages 6 to 13) All Belts	<b>Youth</b> (Ages 6 to 13) All Belts	<b>Youth</b> (Ages 6 to 13) All Belts	
<b>7:20 PM</b> to <b>8:15 PM</b>	<b>A.C.C.T</b> (Teen & Adult)	<b>Office Hours</b> Possible Women's Only Class	<b>A.C.C.T</b> (Teen & Adult)	<b>Office Hours</b> Possible Women's Only Class	<b>A.C.C.T</b> (Teen & Adult)	



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Set A: Forms, Escape, \*Weapons

Set B: Hand Technique, Breaking, \*Breakfall



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## 2018 CLASS SCHEDULE

(Effective November 5th, 2018)

	<b>MONDAY</b> Curriculum (A)	<b>TUESDAY</b> Curriculum (B)	<b>WEDNESDAY</b> Curriculum (B)	<b>THURSDAY</b> Curriculum (A)	<b>FRIDAY</b> Development	<b>SATURDAY</b>
2:45PM TO 3:15PM	Office Hours Private Class Consulting	Tiny Tykes 5 & Under	Office Hours Private Class Consulting	Tiny Tykes 5 & Under	Office Hours Private Class Consulting	<b>RESERVED FOR</b>
3:30PM TO 4:15PM	Beginner & Intermediate White to Green-St	Intermediate & Advanced Green to Black	Intermediate Green to Blue-St	Intermediate & Advanced Blue to Black	Beginner & Intermediate White to Green	<b>Belt Testing</b>
4:30PM TO 5:15PM	Advanced Curriculum Blue to Black	Beginner 12 & Under	Advanced 12 & Under Blue to Black	Beginner 12 & Under	Intermediate & Advanced Green-st to Black	<b>School Events</b>
5:25PM TO 6:10PM	Beginner 12 & Under	Intermediate Green to Blue-St	Beginner Class 12 & Under	Beginner & Intermediate White to Green-St	Beginner Class 12 & Under	<b>Private Lessons</b>
6:25PM TO 7:10PM	All Belt Curriculum	Sparring Development	All Belt Technique	Sparring Development	Intermediate & Advanced Sparring	
7:20PM TO 8:15PM	A.C.C.T. Teens & Adults	A.C.C.T. <u>Women</u> Teens & Adults	A.C.C.T. Teens & Adults	A.C.C.T. <u>Men</u> Teens & Adults		



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